

HEALTHY COLLEGE

Kiara College adheres to the Department of Education (DOE) *Healthy Food and Drink Policy* and is committed to increasing awareness in our community of the importance of healthy eating, physical activity and mental wellbeing. We are also keen to promote awareness of the health implications of sugary/high energy drinks to health and student learning and do not encourage food to be delivered by outside agencies.

MEDICATION

Students are permitted to have over the counter medications at College in small quantities. Students with health conditions such as asthma or allergies are permitted to carry preventative medicines such as inhalers and Epipens. Prescription drugs such as Ritalin should not be brought to College unless discussed with the Principal. All students with health conditions need to have a Health Plan noted on College records.

The College nurse does not issue pain/or any other medication – this is in accordance with Department of Education Policy

DRUG EDUCATION

Our Health Education program includes drug education and awareness as a means of assisting students to make informed choices about healthy lifestyles. Drugs are defined as a substance people take to change the way they feel, think or behave.

This includes:

- a) all over the counter and prescription medicines e.g. Panadol.
- b) all legal drugs including alcohol and tobacco.
- c) all illegal drugs e.g. cannabis.

While drugs such as alcohol and tobacco are legal for adults in the community they are banned at our College. It is illegal for anyone to sell or supply tobacco or alcohol to a person under the age of 18 years.

Smoking and vaping are not permitted on College premises.

If a student is found in possession of alcohol or tobacco; observed using alcohol or tobacco at College or in the company of others who are using, the following will occur:

- a) Item/s will be confiscated.
- b) Parents will be informed.
- c) Educational material and support will be provided.
- d) Students who commit an offence may be suspended for a period of time determined to be appropriate by the Principal.

If a student is found in possession of or using an illegal drug such as cannabis, the following will occur:

- a) Police will be informed (131 444).
- b) The item/s will be confiscated and given to Police.
- c) Parents will be informed.
- d) Educational material and support will be provided.
- e) The student will be suspended for a period of time determined to be appropriate by the Principal.

Students in the company of others who are using illegal drugs on College premises may be required to complete assignments on drugs and have their parents informed. They may also be suspended if such action is determined appropriate by the Principal. Students suspected of being under the influence of a drug will be referred for assessment. Parents will be informed of observable symptoms and the student may be removed from College grounds for reasons of Occupational Safety and Health. If the student is found to have been under the influence of drugs at College they may be suspended.

Reports and allegations of student possession, use or supply of alcohol, tobacco or illegal drugs will be investigated where possible and reported to the police and/or Crime Stoppers (1800 333 000) as appropriate.